

Were You 'Born' to Coach?

Self Assessment for Blood Type 'C'

Read each statement and respond as objectively as possible	Not quite true	Already true
1. I have been listening intently, asking pointed questions and encouraging others as a preferred way of interacting with people all my life.		
2. I always respond this way ...it extends beyond work life. I often do it in addition to my current job, sometimes even instead of performing well in my current job.		
3. I can see the benefit of and enjoy having structured conversations in order for others to take effective intentional action.		
4. I am inclined to make fine distinctions in language to clarify meaning.		
5. I naturally put my own agenda aside in deference to the person I'm talking to.		
6. I naturally see patterns in behavior that others don't see.		
7. I recognize and can share trends that result in others being more effective.		
8. I naturally value and prefer to invest in people and relationships rather than in equipment, tasks or projects.		
9. I have a keen awareness for underlying strengths, for what is not said, and for possibilities that are not yet realized.		
10. I have a natural fascination for human interaction and am a student of human behavior (this might include reading, seminars, etc. and is not limited to formal education or degrees).		