

## Distinctions of Coach vs. Christian Coach

Coach	Christian Coach
<p>Focused on the client and focuses the client on themselves.</p>	<p>Guides the client to be oriented around God instead of being oriented around self. <b>Galatians 2:20</b></p>
<p>Works with client to see importance of extreme self-care.</p>	<p>Time spent focused on a relationship with God would come higher in priority than self-care. Self-care would be for the purpose of being ready and able to serve. "Being our best for the Master." Doesn't come before time with God.</p>
<p>Utilizes various concepts to convey the message that attraction comes from "cleaning up" how you live life. Such concepts include:                      Being toleration free                      Having reserves of everything                      Raising standards                      Acknowledging needs                      Strengthening strengths</p>	<p>Applies scriptural focus to these concepts to allow Christian to be extremely flexible in adjusting to God's will and joining Him in His work:                      Being uninhibited by the things that would distract us. <b>Hebrews 12:1</b>                      Acknowledging that God is the source of all gifts <b>1 Corinthians 12:7</b>                      Adopting God's standards as our own                      Trusting in God to meet our needs. <b>Matthew 6:25-34</b>                      Asking for gifts and guidance on a daily basis</p>
<p>Most effective when remaining unattached to the outcomes associated with a client and living in the present.</p>	<p>Most effective when not attached to goals or plans but living from day to day by His direction, participating in His assignment.                      This goes a level beyond unattached and living in the present. It involves starting each day anew and acknowledging that you don't have any resources with which to face the day other than the gifts the Lord will provide. <b>Matthew 6:33-34</b></p>
<p>Believes that focusing on attraction, living in the present and strengthening personal foundation contribute to "flow" and "the universe" coming to you.</p>	<p>Instead of "the universe" coming to us, God's will is ever present and He is constantly at work around us. The shift is to align ourselves and our lives to His will. We go to Him through the prompting of the Holy Spirit instead of Him coming to us. <b>John 5:17</b></p>
<p>Questions that may be asked of a client:                       What are your goals? What is your plan to get there?                       What is it that you really want?                       What shifts do you have to make to get there?</p>	<p>Questions that may be asked of a Christian client:                       Who ultimately holds the plan for your life? <b>Jeremiah 29:11-13</b>                       Are you seeking God's will for your life or are you seeking to know God's will and find how you can take part in it? <b>Psalms 33:10-11</b>                       What adjustments would you have to make to align your activity with God's will? What would you need to start doing or stop doing? <b>1 Kings 19:15-21</b></p>

Conversations with client include working to define Mission, Vision and Purpose of the client's life.	All Christians are on a mission for God to work through us to get His work accomplished. We have at our core a common Mission, Vision, and Purpose. <b>Ephesians 4:11-13</b>
Focuses on "being" and lets the client do the work.	The higher level of this is that we are called to "be", Christ is the one who does the work. <b>Philippians 2:13, John 14:10</b>
Focuses on serving the client's best interest.	Focuses additionally on serving God with an attitude of surrender and obedience. <b>John 14:23, Luke 9:23-24</b>
Looks for synchronicities in life for clues that they and their clients are on the right track.  Constantly pays attention to the "messages" and "lessons" of life.	Depends on more than synchronicity of circumstances to know that they are on the right track. They depend on prayer, scripture, the church (church = Christian community and not institution), and circumstances to know the will of God. Living based on circumstances alone places the burden of navigation through life solely on our ability to notice all of what's going on around us. Left to our own understanding, we will often misinterpret this data. Constantly pays attention to what God is calling them to do. <b>Proverbs 3:5-6</b>
Understands that being the hub of a network is important for building their coaching practice and for providing resources for clients.	Additionally, acknowledges that as long as God knows where I am, He can cause anyone in the world to know where I am .... Christ's system of power networking!
Has keen desire for self and clients to experience the effortlessness that comes from life when you are authentically living your passion and have a very strong personal foundation.	A higher level of effortlessness is taking Jesus up on His offer to share His yoke, which is easy and makes the burden light. It involves a the strongest kind of personal foundation which is a personal relationship with Jesus Christ. <b>Matthew 11:29</b>